Unforgettable treatment

A Russian banya is a potent healing tool enjoyed in an inferno of a room. This is a traditional Russian experience unlike any other. It is done on the uppermost bench, because heat rises, with an oak leaf broom called a venik, a very leafy, fragrant bundle of extremely fresh oak tree twigs. The fresh forest-like smell of the venik creates a sedative effect and melts stress. The venik leaves release organic phytoncides, infection inhibitors, decreasing the growth and development of pathogens in the body. Essential oils are also released, preventing premature aging of the skin. The oak leaves contain a natural astringent, which will open your pores, remove toxins, and exfoliate dead skin. Steam bathing stimulates protein circulation while improving digestibility of proteins, fats, carbohydrates, and mineral elements. This intensifies skin capillary activities, strengthens metabolism as the body is filled with energy and the immune system is improved.  1 hour

The restorative bubble gel scrub is a service done in one of our special wet warm room in the ancient Turkish tradition with a huge lufa with warm water. We wash and scrub you, eliminate impurities and rough skin, exfoliate, renew and awaken your skin through stimulation and detoxification of the lymphatic system. This is an extremely relaxing, enjoyable, effective and thorough cleansing. 30 minutes

Cost $ 80 (1 hour 30 minutes)

**Be ready on Valentine Day**

### We offer for you the unique treatment is call the honey massage.

### The Honey Massage is an ancient treatment that has been practiced in Asia and eastern European countries for hundreds of years. Honey is applied to the skin then massaged until it becomes sticky, then it is worked using special techniques until the consistency changes and white pellets appear on the skin surface. These pellets are believed to be toxins and salts that have been drawn from the body and have been absorbed into the honey. In addition, beneficial nutrients from the honey are

* **Lose weight**
* **Remove pathogens, salts and toxins**
* **Relax the entire nervous system**
* **Improve blood circulation, metabolism**
* **Increase the lymphatic system flow**
* **Light suction provides drainage of toxins and excess fluids, whilst heavier suction can stimulate circulation to stagnant muscles and loosen fibrous adhesions**
* **Cleanse, moisturize, nourish the skin and increase its elasticity (It is safe for very sensitive skins)**
* **Break down lipid pockets (cellulite) assisting with body contouring and toning of the skin**
* **Free the individual from intellectual and physical chronic exhaustion**
* **Cleanse the body, increase immunity and the ability of the organism to purify itself**
* **Produce soothing and rejuvenating effects**
* **Eliminate dry and itchy skin.**

**A course of 10 treatments is really recommended to see great results especially for cellulite and slimming. It can be done 4-5 times a week.**

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|  | **Area** | **Time** | **Price** |
| **1.** | **Legs (thigh area front and   back) and buttocks** | **30 min** | **$ 50.00** |
| **2.** | **Tummy and side of the trunk** | **30 min** | **$ 50.00** |
| **3.** | **Back** | **30 min** | **$ 50.00** |
| **4.** | **Legs (thigh area front and   back) and buttocks, tummy and side of the trunk** | **60 min** | **$ 100.00** |
|  |  |  |  |
| **5.** | **Full body including face and   neck** | **75 min** | **$ 150** |

End of massage we recommend take a warm show. After cellulite honey massage is sometimes bruise can be appear. Procedure may a little discomfort only first 2 treatments then skin has adapted.

**A Gift For The One You Love**

The package include Russian Banya with herbal tea, the bubble gel scrub wash, chocolate body wrap, massage scalp & feet, roses facial the end of the spa day we bring for you 2 glasses champagne with the fruit plate.

Price for 2 $ 335 ( 3 hours)